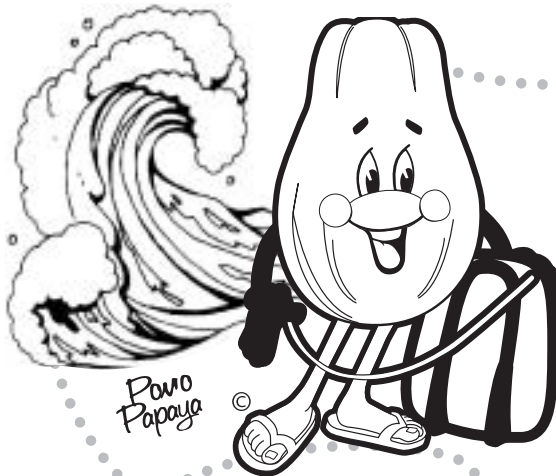
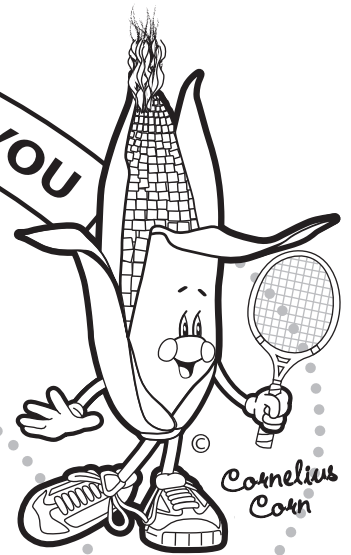
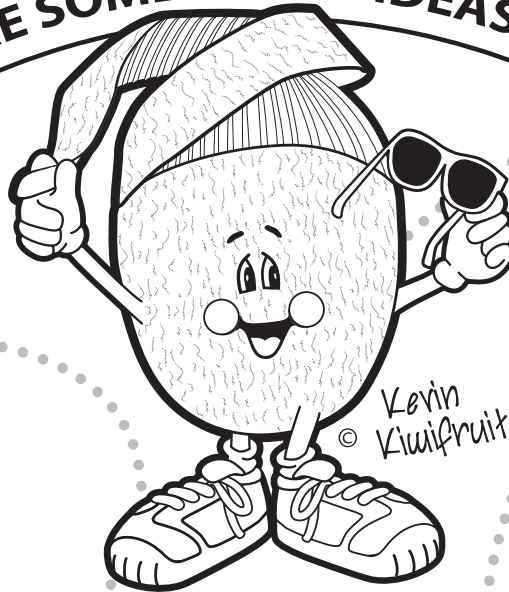


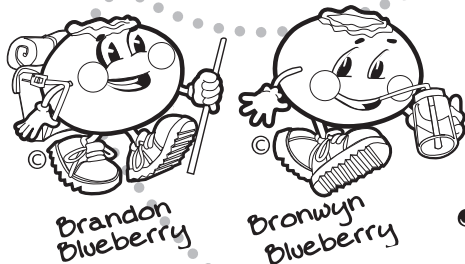
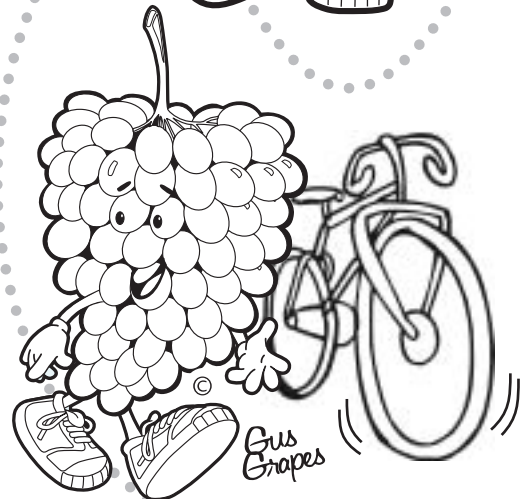
Kevin Kiwi's Fit Kid Fun

Fit Kids love to be active. You can be a Fit Kid, too!
You just need to find a few activities you love to do, and then do them
as often as possible to keep your heart healthy and your body strong.
Remember, it doesn't matter what you do — you just gotta move!

HERE ARE SOME FIT KID IDEAS FOR YOU



Grab a racquet,
and really whack it!
Catch some waves.
Walk through a maze.



Take a hike
or ride a bike!
Walk or run.

Just have some fun!

